

Intestinal Parasites – The Silent Invader

Parasites ‐ The Silent Invader

Intestinal parasites don't respect gender, age, social standing, health, financial or even species differences.

Intestinal parasites are everywhere, and they may even have invaded your body and are residing in you right now!

These parasites can run the gamut from tapeworms, roundworms and flukes that are visible to the naked eye, to microscopic protozoa. Protozoa are one-celled animals. If they take up residence in humans they usually cause infection or disease and may even cause death.

The U.S. Dept. of Health and Human Services (National Institute of Health and National Institute of Allergy and Infectious Diseases) has found that protozoan parasites are the leading cause of death and disease in tropical and subtropical regions of the world (whether a developed country or not), because there are no vaccines for them.

Gastrointestinal infections from parasites usually result in abdominal cramping or pain followed by diarrhea.

Other symptoms you may experience from parasite infection are:

- Loss of appetite
- Dehydration
- Fever
- Weight loss
- Vomiting
- Nausea
- Mucous or blood in the stool
- Restlessness
- Disturbed sleep

You can harbor parasites and not necessarily experience any specific symptoms, but instead may feel "under the weather" for an extended period of time.

Diarrheal infections from parasites are highly contagious and can spread from person to person via dirty hands, contaminated food or water and some pets. Most cases are contagious for as long as the person has diarrhea, but some infections can be contagious after the diarrhea has ended.

Incubation period depends on the type of organism causing the infection, but can range anywhere from 4 hours to 4 weeks. So you may not realize when or where you've been infected.

Personal hygiene is the number one key to preventing a parasitic infection. Always wash your hands - you never know when you've touched a contaminated surface (e.g., diaper pails, changing tables, public facility bathroom fixtures, toys, stairway banisters in a public building, etc).

Another key is to stay away from ingesting contaminated foods or swallowing contaminated water (this also means water ingested while swimming in lakes, streams, rivers, pools, hot tubs or Jacuzzis, etc. that have been infected with parasites).

But, parasites can get into your body without your knowing it. If you ever walk outside barefoot, have pets that go outside, or eat in a restaurant where the salad fixings haven't been properly cleaned, you may be at risk for these silent invaders to wage an assault on your body.

Parasites are often the hidden cause of lowered energy and weight imbalances. Because parasites steal the vital nutrients from our bodies that we ourselves need for a healthy and productive life, we can then experience colon toxicity.

Colon toxicity can lead to system toxicity, which in turn can cause other maladies besides weight gain and lethargy.

The odds are that you may have at least one unknown, unwanted invader residing in you, stealing your good health and well-being right now.

One of the best ways to take control over these silent invaders is to perform a safe and gentle colon cleanse.

A premium, quality colon cleanse with anti-parasitic support that targets dangerous intestinal worms, their eggs and other nasty parasites, and helps to expel them, is an even better bet.

Good health is not something to "take for granted". Parasites live off a healthy host and continue to exploit

that host's good health for as long as they can, leaving toxins and illness behind.

And, because many of these parasites are not visible with the naked eye, you'll never know when YOU have become a parasitic landlord to a silent invader.